

# L.A. Dance Dress Code Handbook



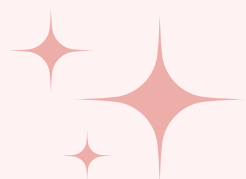
**L.A.  
Dance**

Rise to the Challenge



# **Aerial Silks/Mixed Apparatus Classes**

- Any colored leotard & leggings (NO shorts & your stomach must be covered!)**
- Avoid wearing leotards with low backs**
- Hair must be up & out of face**
- NO zippers, sequins or diamonds**
- NO baggy sweatshirts or T-shirts**
- NO jewelry (Including bracelets, necklaces, watches, earrings, rings etc)**



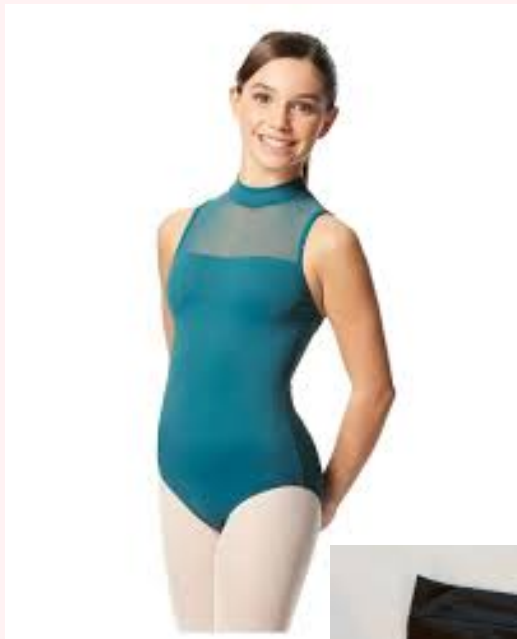
# Ballet

- Any colored leotard
- Pink ballet tights
- Ballet skirt optional
- Pink ballet slippers
- Hair up & out of face
- NO sweatshirts or T-shirts
- Leg warmers & ballet sweaters are permitted during the colder months



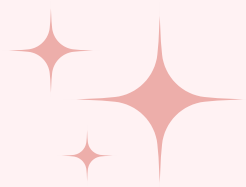
# Tap

- Any colored leotard
- Pink ballet tights
- Ballet skirt optional
- Jazz shorts, capris or jazz pants permitted
- Hair up & out of face
- Black mary-jane tap shoes (Ages 5-8)
- Black oxford tap shoes (Ages 7-11)



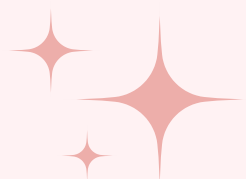
# Hip Hop & Cheer

- Comfortable clothing that is easy to move in (leotards, leggings, shorts, tank tops, t-shirts, sports bras etc.)
- Hair up & out of face
- Clean pair of sneakers
- \*Dancers will need any pair of white sneakers for the recital



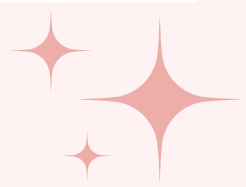
# **Jazz/Lyrical/Contemporary/ Musical Theater**

- Comfortable clothing that is easy to move in (leotards, leggings, shorts, tank tops, t-shirts, sports bras etc.)**
- Hair up & out of face**
- Canvas or leather half-sole shoes in the color nude**



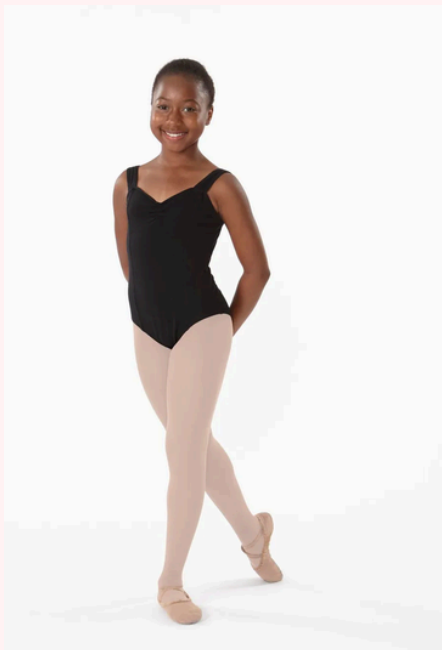
# Petite Team Ballet

- Any colored leotard
- Pink ballet tights
- Ballet skirt optional
- Pink Ballet Slippers
- Hair up & out of face
- NO baggy sweatshirts or T-shirts
- Leg warmers & Ballet sweaters allowed at barre only



# Petite Team Jazz & Tap

- Any colored leotard
- Pink ballet tights
- Ballet skirt optional
- Hair up & out of face
- Nude half-sole shoes (Jazz)
- Black oxford tap shoes (Tap)





# Junior Team Ballet & Tap

- Any colored leotard
- Pink ballet tights
- Ballet skirt optional
- Pink Ballet Slippers (Ballet)
- Black oxford tap shoes (Tap)
- Hair up & out of face
- NO baggy sweatshirts or T-shirts
- Leg warmers & Ballet sweaters allowed at barre only



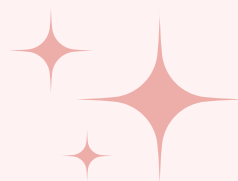
# Junior Team Jazz/Lyrical & Hip Hop

- Comfortable clothing that is easy to move in (leotards, leggings, shorts, tank tops, t-shirts, sports bras etc.)
- Hair up & out of face
- Canvas or leather half-sole shoes in the color nude (Jazz/lyrical)
- Black sneakers (Hip Hop)



# Team Technique & Stretch

- Comfortable clothing that is easy to move in (leotards, leggings, shorts, tank tops, t-shirts, sports bras etc.)
- Hair up & out of face
- Canvas or leather half-sole shoes in the color nude



# Acro

- Comfortable clothing that is easy to move in (leotards, leggings, shorts, tank tops, t-shirts, sports bras etc.)
- Preferably tighter fit clothing & nothing oversized
- Hair up & out of face
- NO dangly jewelry
- NO socks

